

Single Day Caving Adventure

Bring:

Cold Weather Gear: For the hike down to the cave and the hike afterwards.

Warm Weather Gear: Under your Cold Weather because it is very warm in the cave.

Gloves: You will be crawling on some rocks

Knee Pads: These are VERY helpful.

Helmet: The troop does have a supply of helmets, but if you have a bike helmet for lower adventure caves, please bring it.

Water: Two Nalgene bottles.

Lunch: A sack lunch of your choosing

Lights: Flashlights are your life line in a cave. It is required to bring two flashlights. Because of crawling around on rocks, lights break quite often.

Pack: All of this fits nicely in a small school backpack.